Between 2010 and 2019, the Metro Denver Region grew by over 388,000 jobs. In 2019, unemployment was 2.6% compared to 3.7% nationwide.

Since the Great Recession, the number of jobs has increased by 27%.

The unemployment rate in Colorado has been much higher during COVID than in previous recessions. During COVID, the peak unemployment rate was 10% in mid-May. Since the peak, claims have declined by about 16% (as of July 2020).